

21 Impact Report 22

CHILDREN'S THERAPY CENTER





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Dear Friends & Families of Children's Therapy Center,

Since we first opened our doors in 1979, Children's Therapy Center has been focused on supporting children with special needs and their families in our community. While the last few years of the pandemic have necessitated shifts in how we deliver services, including the availability of telehealth, we welcomed the opportunity to grow in ways that are responsive and meaningful for the families we serve.



The essential services we provide for children with special needs include physical, occupational and speech therapy; Early Support for Infants and Toddlers (ESIT); and parent education and support. Our Center-based program for children ages 3-18 remains a vital community resource, providing opportunities for thousands of children in our region who are achieving new milestones. Since few funding options exist for services for children ages 3-18, CTC remains committed to fundraising to support the sustainability of high-demand services for this age group.

In our past fiscal year 2021-22, CTC delivered more than 46,000 services to nearly 3,000 children with special needs in King and Pierce counties. While we saw fewer children in the midst of the pandemic years, referrals to CTC from providers have since skyrocketed, prompting significant growth as we respond to needs in our local communities. Our staff has expanded to 187, and our ESIT program serving children ages birth to three now comprises 72% of the services we deliver – an increase of nearly 10% over last year.

As we continue to grow and adapt, our family-centered approach remains an integral part of CTC's foundation. We recognize that parents and caregivers are children's first and most important teachers, and that's why they are involved in every aspect of care provided at CTC. When caregivers feel empowered and supported, children achieve milestones that many thought weren't possible. In partnership with parents and caregivers, we continue to celebrate where each child is today and work toward who they can become.

Thank you for your support and collaboration!

A handwritten signature in black ink that reads "Sarah Daniels".

Sarah Daniels
Board President, Children's Therapy Center

At a Glance

July 2021-June 2022

46,000

Services Provided

2,800 Children with
Special Needs served

ESIT served more than
2,000 children ages
birth to three - an
increase of nearly 10%
over last year.

\$3M in
uncompensated
care to children
each year

187 Staff

36

Volunteers

237

Hours

\$7,110

Volunteer Time
Donated

Services offered:

- Physical, Occupational, & Speech Therapy
- Early Special Education
- Preschool Readiness Classes (BOOST)
- Therapy Groups
- Family Resources Coordination/ Family Navigation
- Infant Mental Health services
- CHERISH
- And more...

Children Served in Washington

Many families who depend on Children's Therapy Center face systemic challenges that limit their access to quality healthcare services.

Your contributions enable CTC to cover many costs for families who may otherwise go without services. Thank you for helping create a world where every family has what they need to thrive.



TACOMA

24.7% Dual Language Learners
22% Single Parent Household
71.4% Low Income
68.1% Apple Health/Medicaid



BURIEN

23% Dual Language Learners
18% Single Parent Household
54% Low Income
70% Apple Health/Medicaid



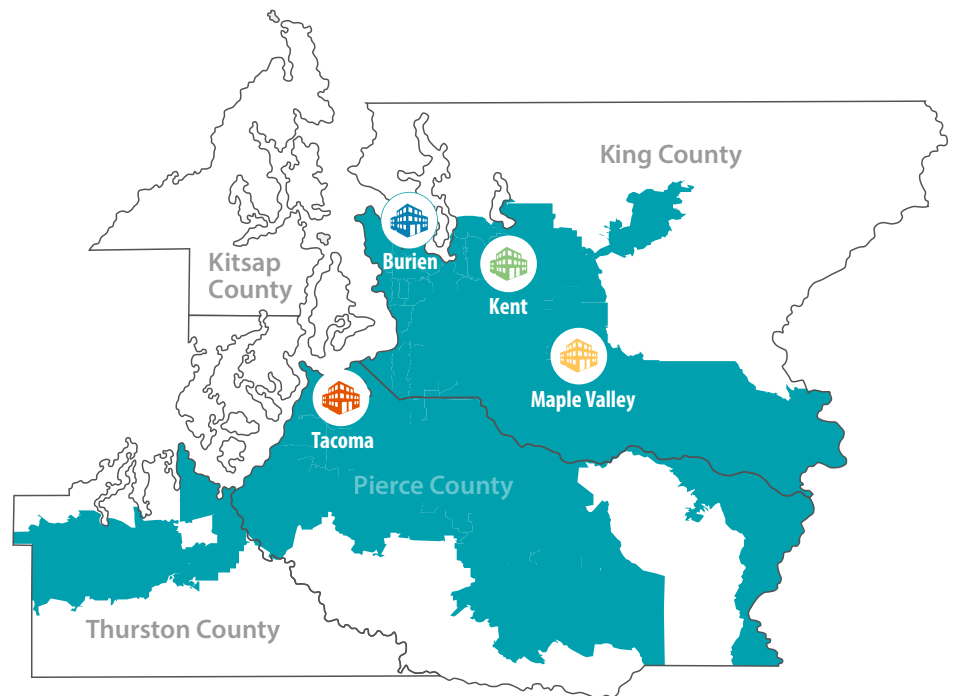
KENT

21% Dual Language Learners
16% Single Parent Household
44% Low Income
63% Apple Health/Medicaid



MAPLE VALLEY

21.5% Dual Language Learners
14.6% Single Parent Household
42.6% Low Income
68.1% Apple Health/Medicaid



Service Area: 300 Sq Miles



A Thrilling First Move-a-Thon!

October 2021 saw CTC's first Move-a-Thon — 10 days of collective moving and grooving to raise funds and support for CTC. This accessible virtual event invited participants to move each day in ways that worked for them. Kids and families completed fun movement activities with their therapists at our "Challenge Zones." Participants ranged in age from infants who stretched their arms and wriggled their toes to retirees who enjoyed hitting the trails! This new event gave us the opportunity to connect with many

new local partners and businesses and strengthen our community connections. Over 150 participants danced, rolled, walked, and hiked to exceed our goal of raising \$50,000 to support CTC's vital services for children with special needs. We look forward to hosting the Move-a-Thon annually in the years to come. Visit moveathon.ctckids.org for regular updates.

Planned Giving

Interested in helping ensure that CTC can continue serving children well into the future? Consider including CTC in your estate plans through your will, bequest, or other plans, by becoming a CTC visionary. As a CTC visionary, you'll be joining a committed group of donors who are leaving a legacy of compassion and care for children with special needs! With a little planning, you can make sure children with special needs in your community are supported for years to come. Contact Alli Auldridge, Director of Community Engagement at alli.auldridge@ctckids.org to start the conversation.



VOLUNTEER HIGHLIGHT

Meet Ben!

Ben Joined the CTC Volunteer Team in May 2021!

Ben graduated from Concordia Christian Academy in Tacoma and now attends Pacific Lutheran University. He enjoys reading, playing the piano, ukulele, and guitar, listening to music, playing video games, and doing homework. Ben has an incredible ability to memorize information about subjects that he finds interesting such as astronomy, and he has near-perfect pitch!

As a program support volunteer, Ben has contributed his time and skills assembling art and science projects for therapy sessions. His interest in astronomy led him to choose fun and easy projects for kids to learn about the solar system. Ben has also spent his time volunteering and representing CTC at community outreach events.

Thank you, Ben! We appreciate the thoughtfulness you bring to your volunteer work.

“ I wanted to volunteer in a place that felt familiar, accepting, and supportive,” he says. “I received services from CTC in the past, so I felt this would be a good opportunity to give back to a place that has helped me. I enjoy volunteering at CTC because all of the staff are understanding of me and always take time to answer any of my questions. I also appreciate how much priority is put around ensuring the safety of everyone, especially during the pandemic. ”

New Autism Support Program

CTC has launched a new Autism Supports Capacity-Building Pilot program for families of children with a confirmed or suspected diagnosis of autism spectrum disorder (ASD). Our program provides scholarships to families whose insurance doesn't fully cover the cost of autism diagnostic evaluations. The program also provides a variety of family support services, such as systems navigation to connect families to community resources, as well as staff training, support, and other services for South King and Pierce County families of children with autism.

The program is generously funded through Washington State's Developmental Disabilities Administration's Dan Thompson Memorial Fund.



Community Outreach with OTR!

CTC has developed a wonderful partnership with On the Road with Partner Café (OTR), a non-profit working to bring local organizations together to host shared resource booths at community events around Puget Sound.

Their mission is to bring information and resources and provide direct services to anyone, meeting them as they are, and where they are.

With the support and coordinator of the OTR team, CTC has attended some amazing community building events in Tacoma including our first Farmers Market table, the Tacoma Pride Festival, and the Mosaic Art and Cultural Festival alongside representatives from NAMI, SeaMar and the Pierce County Aging and Disabilities program. We are excited to continue collaborating with partners like OTR as we work together to connect our communities with the resources and services that they need.



WELCOME

Cecilia
Martinez-Vasquez

CTC's First Director of Diversity, Equity & Inclusion

As an organization providing pediatric therapy and support to children of diverse backgrounds in Pierce and south King counties, CTC is committed to continuously reflecting, evolving and, growing to meet the needs of families as well as those of our staff members.

As part of our ongoing work to become an inclusive and welcoming organization for all, CTC hired our first full-time Director of Diversity, Equity & Inclusion (DEI), Cecilia Martinez-Vasquez, in May of 2022.

Building upon years of DEI work set in motion by CTC's Equity Team and previous DEI Project Manager Kathie Nguyen, Cecilia will lead our efforts and strategy toward becoming an anti-racist organization where everyone in our community is valued and supported.

Cecilia has extensive experience leading DEI work, most recently for the City of Redmond, WA where she implemented the DEI Community-Based Initiative within the city, and previously as an equity consultant for many years in Seattle.

Of her DEI work and new role at CTC, Cecilia says, "My path to the work of Diversity, Equity, and Inclusion started upon my arrival to the United States as a political asylee. Navigating a new culture, customs, language, and different way of life was very challenging. I experienced discrimination, hostility, and isolation, but I didn't always understand why.

My college courses helped me understand my experiences. After graduating, I worked with and learned from various people whose life experiences were different than mine. They taught me about the power of compassion, love, resiliency, and understanding. I also learned that I wanted to dedicate myself to the work of changing organizations' practices and influence how they treat, include, and support the communities they want to serve.

My goal is for CTC is to become a DEI leader in our industry. I hope that my role will highlight different ways to work with and alongside our families, employees, and larger community so that our organization grows stronger and more resilient, for the benefit of the children and families we serve."



Family Resources Coordinators: The Glue in the ESIT Program!

Jamelah Grover first learned the value of having a Family Resources Coordinator (FRC) on her therapy team when her son, Chase, was enrolled in CTC's Early Supports for Infants and Toddlers (ESIT) program.

"Our FRC was amazing," she says. "She helped us understand how early support services would benefit Chase and our family. She connected me with our therapy team at CTC and made sure everything worked smoothly."

When she was offered a job as an FRC at CTC's Tacoma location many years later, Jamelah didn't hesitate. "By then, I'd come to really love CTC. There's a special culture here. Everyone cares about each other here and about the families we serve. We really are a community."

We asked Jamelah to help shed light on the critical role of Family Resources Coordinator in supporting children with special needs:

What primary responsibilities do FRCs hold in the ESIT program?

FRCs are like the glue in the program. We function like case managers and support families while they're enrolled in ESIT, whether for a few months or all the way up until their child turns three. We are a family's first contact in ESIT, which is a critical time because many families are feeling scared or uncertain about their child's diagnosis. We work with the family and the rest of the therapy team to create and document an individualized family service plan (IFSP) which is a legal document that defines the family's goals for therapy and their rights within the program.

What are three essential qualities of an effective FRC?

Be open minded. People come from all different walks of life and cultures and they all have different needs. One family may be struggling to find a place to live with their child, while another has a home but their child has major medical needs. And needs change all the time!

Provide a soft place to land. Families need to feel comfortable asking us for help. They need to know there's no judgement here, and that we understand what they are going through.

Knowledge of federal and state program requirements. We're here to help families become more independent and confident, and to know their rights. We help families learn to advocate for themselves and their child, particularly when it

continued (next page)

Building Relationships with State Legislators

CTC is grateful to the State of Washington for providing capital funds in the most recent 2021-2022 legislative session to help us with the purchase of a new building in Lakewood, WA. We're now able to deliver programs in a centrally-located and accessible location where families can access a range of pediatric services from evaluations to feeding and physical therapy throughout their child's formative years. Capital support from the State, as well as from many funders, helped offset the cost of providing pediatric therapy to children with special needs ages 3-18. We were honored to have Senator Steve Conway as well as Representatives Steve Kirby and Mari Leavitt join CTC at the grand opening of our new location in early June.

continued

comes to school-based services. The transition away from ESIT and into the school system is a very big one. We attend meetings with them and the school district and try to make the transition as smooth and comfortable as possible. If a child needs services beyond the age of three, families love knowing that CTC provides services for kids all the way up to age 18!

Today, as an FRC Jamelah supports between 40-45 families. "Families are coming and going through the program all the time," she says. "It's really hard to predict how long a family will need services. Some are there for just a few months, and others stay all the way through the program until their child turns three. We're here for as long as the child needs us."



Representatives Steve Kirby, Mari Leavitt and Senator Steve Conway



New Tacoma/ Lakewood Location

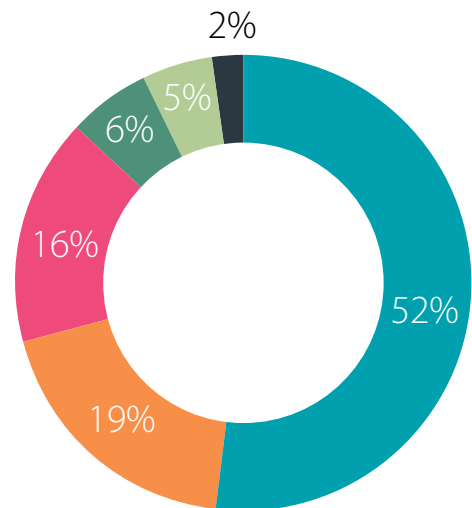
Financial Statement

CTC depends upon support from a diversified revenue stream. We rely on federal, state, county and municipal support; medical insurance reimbursements; proceeds from the sale of SPIO® orthoses; corporate and foundation grants; donations from individuals; and revenue generated from income properties.

Join us as a [monthly donor](#) and be a part of the group of sustainers who believe in the potential of each child to learn, grow, and thrive.

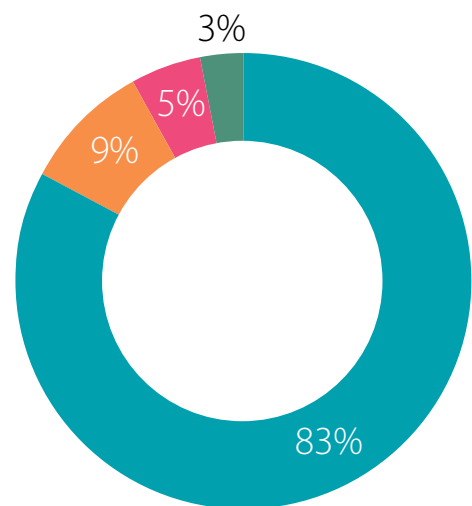
Revenue

School District Contracts	\$8,013,607
Insurance/Medicaid	\$2,839,772
Contracts/Other Public Funding	\$2,451,532
SPIO	\$974,312
Fundraising	\$738,514
Other	\$313,972
Total	\$15,331,709



Expenses

Direct Service Programs	\$12,370,939
Support Services	\$1,354,802
SPIO	\$708,533
Community Engagement	\$523,405
Total	\$14,957,679





The Power of Us!

CTC's Fund Development team is now the Community Engagement team, encompassing fundraising, special events, community outreach, advocacy, and a robust volunteer program. The shift in name is part of a larger effort to align our work

with **community-centric fundraising** (CCF) and engagement, a model that aims to “prioritize the entire community over individual organizations, foster a sense of belonging and interdependence, present our work not as individual transactions but holistically, and encourage mutual support between nonprofits.” With the new leadership of Alli Auldridge, Director of Community Engagement, we are reaching out and connecting to our community in order to deepen, grow, and diversify our relationships and network of support for CTC. In doing so, we all rise together — donors, volunteers, staff, board, families, advocates, partner organizations, and YOU! Your generosity continues to fuel our work and we are grateful for the opportunity to provide evolving and relevant services to children with special needs in our community.

Volunteers

We are so grateful for the continued support and partnership of all of our volunteers. Your contributions make an impact in the community by helping children with special needs and their families receive the services and resources they need to learn skills and reach developmental goals. Thank you for choosing to be a CTC Volunteer.

Susan Adams*
Audrey Adler
Hira Singh Bhullar*
Amelia Braggs
Alexandra Burgess
Sarah Daniels*
Hope Dickson
Kailyn Duran
Julie Ellis
Awale Farah*
Kim Goehring
Anthony Grasher*

Gabrielle Guerrero
Sue Hudson*
Adriana Klatik
Juliana Klatik
Graciela Knudsen
Brianna Lewis
Chanel Li
Sireen Malik*
Benjamin McCarthy
McKayla McMartin
Alexa Moore
Addison Nichols

Nehal Parbhakar
Madeline Payment
Mizanur Rahman*
Bryce Rassilyer*
Wardah Saleem Kashmiri*
rita Schwarting*
Aloka Shah
Joyce Shin
Sarah Smythe
Steve Thompson*
Ragini Vulavakattu
Fiona Wu

36

Volunteers

237

Hours

*CTC Board Member

Individual Supporters

Thank you. Financial support from individuals demonstrates community trust and belief in our work and helps ensure responsive, affordable, and personalized care for children in our community.

If you would like an adjustment on how you are listed, please contact data@ctckids.org.

Anonymous (21)	Sarah Chan	Siew Hoon Goh
Nora Aboulhosn	Maggie Chappel	Cassidy Gonzales
Claire Acey	Cydney Coleman	Evann Gonzales
Dr. Susan and Mr. George Adams	Michael Collins and Karen Carlson	Megan Gonzales
Regina Albert	Justin Cooper	Leslie Gordon
Ryan Albert	Kathleen Cooper	Barry and Susan Gourley
Rona Alexander	Janet and Bill Corriston	Margaret Graham
Allison Auldridge	Barbara Coven-Ellis	Lawrence Graves and Christine Heckert
Carol and David Bagley	Margaret Crastnopol	Kourtney Gray
Jennifer A. Bagley	JoDeen and Glen Cushman	Phil and Cherie Greek
Lindsay Baker and Derek Mullens	Shannon Daly	Carol Gregg
Karen Baker	Sharon and Tim Daly	Heather Grehan
Lauren Barron	Sarah Daniels and Rod Fleck	Lorin and Charlene Grinolds
Susan Barron	Stacy and Todd Daniels	Jeff and Karin Grinzel
Joan Bazaz and Peter Marx	Barb and Mike Odlaug	Jean Gronewald
Jason and Betty Beaumont	Monica and Tom Diamond	Jamelah and Theran Grover
Chris Becket	Lisa Diller	Lisa Gunhus
Zack Berger	Pegi DuBois	Teresa Gutierrez
Brad and Tina Berkness	Barbara Dunning	Richard and Judy Haferbecker
Hailey Berry	Christopher Eaton	Daniel Hagan
Mark Berry	Mary Edwards	Merlin Hamilton
Sandra and Robert Bisordi	Pat and Patricia Ensign	Ekramul Haque
Susan Blauvelt	Karen Estep	Joanne Harries
Rodger and Janet Bliss	Doug and Marilyn Evans	Denise Harris
Sarah and Paul Bliss	Awale Farah	Laura Heck
Leanne Bocking	Molly Feider	Candice and LeeRoy Hegwood
Abbie Boes	Lynn and Ann Feider	Cynthia Hemphill
Katherine Bogart	Loni Feng	Betty and Tony Hicker
Jose Bolanos	Carol Flexer	Hicks Fam
Lisa and Norman Bontje	Larry and Randie Fockler	Josef and Kari Hilderbrand
Phil and Nancy Brand	Rusty Ford	Peggy and Steve Hobart
Daphne Brewer-Broadway	Mary and Bob Fuhr	James Holder
David and M'Liss Buckles	Wendy Gahn Ackley	Lin-Ya Hsu
Stella and Jay Byunn	Mareza and Rob Gandy	Jill and Owen Hubbs
Robert and Sandra Calvert	Abhijeet Geete	Ian Hudson and Kimberly Knuth
Mia Camiling	Lori Georgeson	Sue and Bill Hudson
Vicki Capperauld	Cody and Carmen Glasgow	Hiroko Huntoon
Gustavo Cardiel	Kim Goehring	Chris Ibsen

Lynn Ireland
Shelby Jawer
Michael Jefferson
Stella Johnson
Sarah Kaiser
Willard and Karen Kanouff
Deborah Kartin
Jere Ann and Drew Keefe
Mr. Alan C. Keimig
Bea Kelleigh
Kasaya Kelley
Mark and Kristina Kenneally
Brian and Brianna Kerrick
Amanda and Jordan Klaiman
B. Garrison Kurtz
Joli LaBissoniere
Melanie Lafleur
Camille Lai
Alysha and Robert Langlow
Marisol Lara
Maia Lark
Dr. Suzanne Laurel, DO
Liz and Eric Leaf
Barbara and Bill Lecky
Chase LeCroy
Jennifer and Nelson Leme
Dr. Elie Levy, MD, FAAD
Haven Ley and Will Wilson
Geraldine Liston
Stephen Locke
Oksana and Andrii Lohvin
Barbara and James Longino
Roni Lovell
Rosalyn and Roger Lueck-
Mammen
Salwa Maayeh
Terry and Dave Maczuga
Jen Malczewski
Jane and J. Tate Mason
Patti Matsuda
Pamela and Lynn Mattson
Eugene May
Debbie McCane
Erika and Christopher McCown
Kris McFalls
Cynthia McKenzie
Chanel Mehrer
Victoria Millard
Judith and William Miller
Raymond Miller and Linda Dunn

Todd Minor
Joan Mohr
Amy Mollenberg
Darcy and Matthew Mooney
Denise Morrison Hash
Pamela Mullens*
Paul Mullens
Joan and Mark Myser
Sasha Nosecchi
Caitlin O'Connor
Naomi O'Connor and Bert Bedford
Patrick and Laura O'Connor
Lesley Olswang
Gerald and Janice Oppliger
Jeffrey and William Oppliger
Nehal Parbhakar
Janis Pate
Belinda Paterno
Kyla Paterno
Allison Payton
Bill Penrose and Dorothy Gibson
Chris Perkins
Gay Lloyd Pinder and Jean LeBrun
Julia Plyler
Janet and Chris Powell
Hasina Rahman
Mahfuzur Rahman
Mizanur Rahman
Ratna Rai
Candice Ramirez
Ilana Rapoport and Richard Bone
Bryce and Cynthia Rassilyer
Mechthild Rast, OT
Monique Revet
Kim and Jim Rice
Andrew Rigbsy
Kam and Michelle Robinson
Charles and Peggy Rogers
Judith Rosevear-Pusey and Bruce Pusey
Woodie Rush
Dana Russell
Alyssa Sabin
Catherine Sammons
Larisa Sanchez
Lauren Sanford
Chris and Lee Sargent
Sammi Satiacum
Joe and Susie Schunzel
rita and Jim Schwarting
Christina Scoones

James Scudder
Cynthia Sepulveda
Bradley and Meredith Shatto
Cherie and Mike Shepard
Stacey Short
Judy Simmons
Caitlin Simoneaux
Lenin Ravindranath Sivalingam
Christie and Christian Skoorsmith
Kristina Smeraglio
Alyse Smythe
Libby Solursh
Erica Sooter
Katrina and William Sroufe
Amanda and David St. John
Eric and Chiquita Stacy
Tim and Karen Smith Stedman
Chris Stevens Yu
Beth Stewart-Gonzales
Andrea Stimpson
Jocelyn and Noah Stockton
Kristi Suits
Aysha Sultana
Linda and Steve Thompson
Barbara Toledano
Ngan Ha Tran and Thuan Huu Phan
Doreen VanderVort
Jodi Van Vleet
Joshua Van Vleet
Alexander Velasco and Victoria
Ruvalcaba
Kelsey Walch
Alison Walsh
Greta Ward
Kathleen and Christopher Washington
Haruko Watanabe
Alexis Waysville
Kim Waysville
Joe White and Sherry Zeiler
Leslie Whitmarsh
Scott and Jody Wickett
Madeline Wiley and Robert Smithing
Sonnya Wilkins
Jeanne Williams
Penny Williams
Richard Wize
Jane Worlund
Cary and Gabrielle Wright
Alison and Howie Wu

*Deceased

Institutional Supporters

86 Club of Black Diamond	Kiwanis Club Of Kent - AM
Alaska Airlines	Kroger
Alaska Airlines Pilots Charitable Fund	LA Fitness - Kent
Amazon	Maple Valley Rotary
Bamford Foundation	Medina Foundation
Banner Bank	Mountain Construction
City of Burien	NW Children's Foundation
Cascade DAFO, Inc.	Open Doors for Multicultural Families
Ben B. Cheney Foundation	Hokold Foundation
Cigna Foundation	PrintingPlus
City of Des Moines	Quota International of Kent Valley
City of Tukwila	R. L. Evans Co., Inc.
Commencement Bank Tacoma	R. Reams Goodloe, P.S.
Costco Wholesale Corporation	City of Renton
City of Covington	Rotary 8 of Tacoma
Eastside Baby Corner	Rotary Club of Renton
Edgeworks Climbing + Fitness - Central	Safeco Insurance Fund
Enigma Escapes WA	Seattle Seahawks
Families of Color Seattle	Sound Credit Union
Family Care of Kent	SPIO
City of Federal Way	The Baker Foundation
Flying Bike Cooperative Brewery	The Catania Family Foundation
Google Inc.	The Glaser Foundation
Ice Cream Social	The Keimig Associates, Architects/Planners
Jacobson Jarvis & Co	Tuladhara Yoga
JD Plumbing & Fire Protection, Inc.	United Way of King County
Kent Firefighters Foundation	United Way of Pierce County
Kent Station	Zazen Capital
King County	



CHILDREN'S THERAPY CENTER



ctckids.org

KENT 10811 SE Kent-Kangley Rd

TACOMA 6419 Lakewood Dr W

BURIEN 127 SW 156th St

MAPLE VALLEY 29020 216th Ave SE