



## CHILDREN'S THERAPY CENTER

*Celebrate what is. Commit to what can be.*

# 2019 IMPACT REPORT

7.1.18 to 6.30.19

## Celebrating 40 YEARS!

Children's Therapy Center celebrated 40 years of service to the community in 2019! We are so grateful to you for partnering with us as donors, volunteers and supporters of our mission to help children with special needs reach their full potential.

While much has changed in our region and in pediatric therapy since 1979, CTC has remained a constant for many. Thousands of families over the years have relied on us to be their trusted partner as they care for their children who have special needs. Year after year, decade after decade, we still treat one child – and one family – at a time.

We are committed to our partnerships with parents and caregivers. We can fulfill our promise to them because of the support of our generous community. Thank you!

Barry Gourley, CEO



## WHY CTC?

Because **we believe** in celebrating where each child is today, and working toward who they can become.

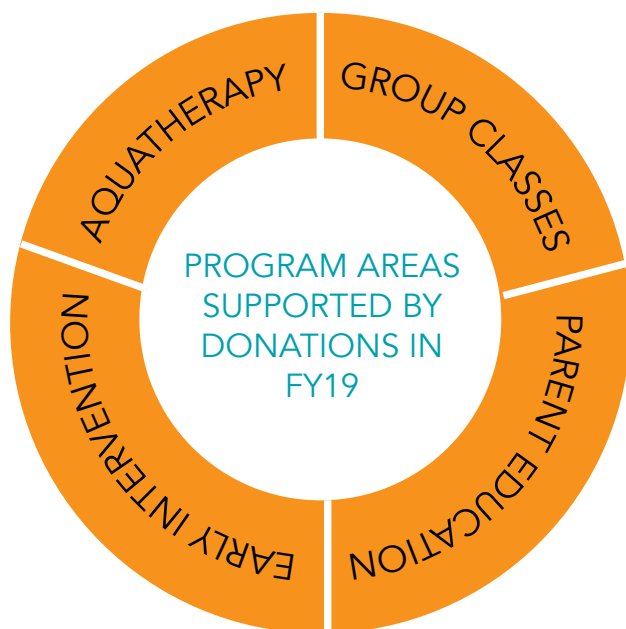
Because even though we serve thousands of children each year, the need in our community continues to rise.

Because **we believe** every child eligible for services should have access to them.

Because 65% of the families we serve are low income and have nowhere else to turn.

## THANK YOU FOR PARTNERING WITH US!

# CTC FY19 PROGRAM HIGHLIGHTS



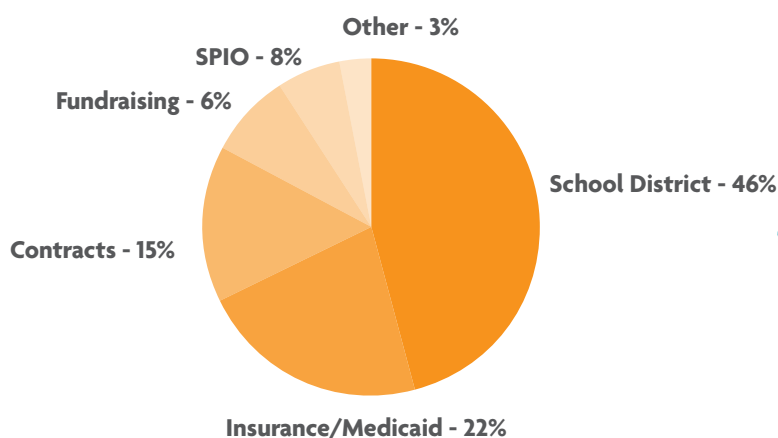
## ✓ Expanded Early Intervention program to Maple Valley.

Rapid population growth in Maple Valley, Black Diamond and neighboring communities, coupled with a rise in developmental disabilities, prompted CTC's Board and staff to open a new center to serve this area.

Our Early Intervention program helps children ages birth to three reach developmental milestones, achieve school readiness and reduce their need for special education.

Staffed with therapists, special educators and Family Resources Coordinators, the program offers home- and community-based physical, occupational, speech and feeding therapy; early special education playgroups; parent education; developmental evaluations for children with suspected developmental delays; and family resources coordination for birth-to-3-year-olds.

## REVENUE



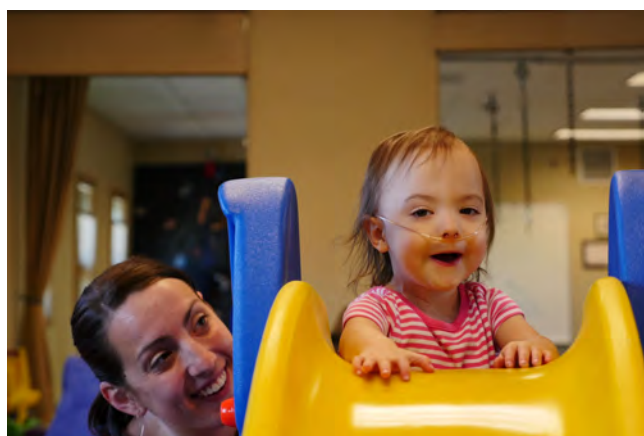
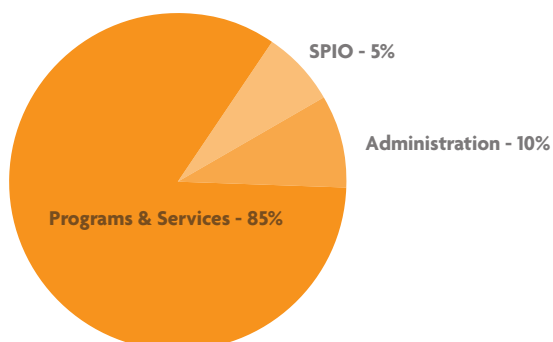
## ✓ Provided infant mental health training to staff.

Recognizing the role mental health plays in the development of infants, our Early Intervention staff received training in this area to provide additional valuable support for families, caregivers and children.

## ✓ Expanded opportunities for parent education.

Parent education has been a core part of CTC's program since our founding in 1979. This year, we introduced parent education classes at our Burien site and provided Hanen training for parents of children with communication delays at our Kent, Burien and Tacoma sites.

## EXPENSES



# CTC FY19 PROGRAM HIGHLIGHTS

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## ✓ Made a commitment to equity and social justice.

This year, in response to our growing population diversity, the staff and Board of CTC made a commitment to the issue of social justice by providing everyone on our staff and Board access to equity training provided by King County. We also developed an equity and social justice partnership with Open Doors for Multicultural Families to work with our staff and families. Open Doors, a Kent-based organization, provides parent education, advocacy and support services for linguistically and culturally diverse families of children and adults with special needs.

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## ✓ Expanded aquatherapy program to serve more children.

CTC developed a partnership with Waterbabies in Renton, allowing us to reinstate our aquatherapy program in the spring of 2019. Thanks to the generosity of donors, we have been able to make the program available to more low-to-moderate income families who might otherwise have not had access to the program.

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“Eli’s therapists not only helped him, but they gave me the confidence to be his mom. They took CAN’T out of my vocabulary and replaced it with WILL. They celebrated the little and big milestones with us. They became our people. Our village. Our team. And now, instead of just therapists, they are our friends.”

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## STAY INVOLVED!

There are so many ways to join us! Visit us at [ctckids.org](http://ctckids.org) to learn more.

- Volunteer
- Make a Gift
- Legacy Giving
- Attend an Event
- Workplace Giving





## JAMES' STORY

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Until James was diagnosed with autism shortly after his fifteenth birthday, everyone labeled him a “problem kid.”

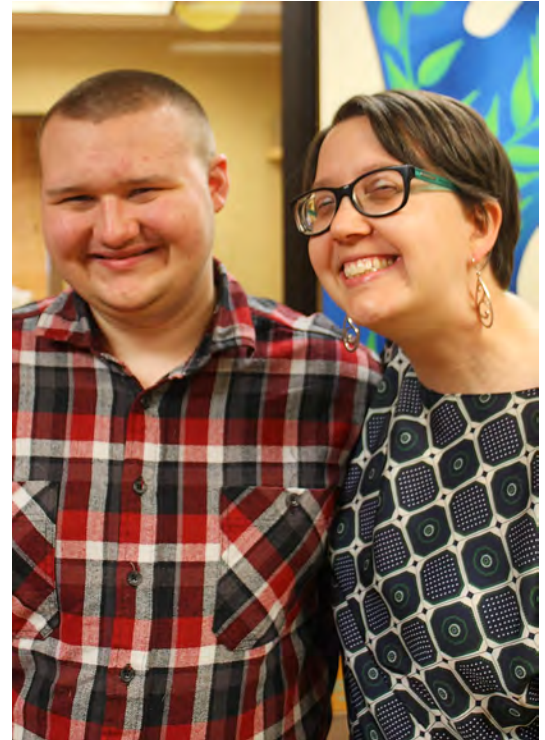
“I was bullied big time in middle school because of my behavior” James says. “I became depressed and disruptive in school as a result, and I was failing my classes. At home I’d just escape by using my phone to play video games. I wasn’t getting along with my family. At times, I felt suicidal.”

His mom, Diane, learned about autism after talking with another mom during a high school camping trip. James says the diagnosis helped him understand himself better. “I realized I’m not a bad kid. My brain is just wired differently. Knowing I have a disability with social interactions inspired me to use the techniques I learned in therapy to interact with others. That changed my outlook on life.”

James is currently mentoring a younger teen with autism who is struggling in middle school. They met at CTC while participating in fitness center classes together. When given the opportunity to become a mentor, James says, “I jumped right on it. I relate to what he’s going through. I wanted to share my experience and hear his as well. And I want him to know that therapy helps.”

For a teen who once thought he had little to offer the world, James is surprising even himself these days. In addition to completing his high school coursework online, he volunteers his time at the King County Humane Society. “I used to think no one needed my help,” he says. “I was wrong!”

His therapy team at CTC in Tacoma is hoping to bring him on as a program volunteer after he turns 18. “James inspires us all,” says Molly. “He is a completely different kid than when he walked in the door for his first session. He has worked hard, and therapy has been an absolute life-changer for this teen and his family. We don’t want to let him go!”



James with his therapist Molly.



James with his family.

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Your support **TRANSFORMS** the lives of **THOUSANDS** of children with special needs.  
**THANK YOU!**

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